

## Outdoor Run Risk Assessment – Covid

Venue:		Various - outdoors		Venue Contact Name & Contact Details:	N/A. Outdoors activity
Address: (Include postcode)		Various but usual meeting point will either be outside Ambience Café, Riverside Park, St Neots, PE19 7HD, or Grafham Water			
Group:		Nicetri run		Location of first-aider:	N/A. In case of emergency, call 999
Date:		Various – Tuesdays / Sundays		Location of Defibrillator	N/A. Outdoors activity
Time and day of session:		Tuesday PM / Sunday AM		Location of telephone:	Group participants will have mobile phones
Participants:	Number:	Up to 30		Location of toilets:	At café
	Age:	18-99		Location of changing rooms:	No facilities available. Participants know to arrive changed and ready in kit
	Ability:	Various		Location of first-aid kit:	Nil
Lead coach name:		Not coached – leader will be appointed to give briefing		Stocked and maintained:	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> N/A
Venue documents read and understood (please ✓ appropriate box):		Normal operating procedures: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> N/A		Additional notes:	This risk assessment has been updated following a review of the British Triathlon Federation website. There are no longer Covid 19 Guidance for Clubs and Coaches available (previous guidelines were published 22/3/21 and have now been removed) as of 11/12/21
		Health and safety policy: <input type="checkbox"/> Yes <input checked="" type="checkbox"/> N/A			
		Emergency action plan (EAP): <input type="checkbox"/> Yes <input checked="" type="checkbox"/> N/A			
Name of person conducting risk assessment:				Signed:	Date:

Tracy Crowley	T. Crowley	11/12/21
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## COVID-19 Additional Considerations Risk Assessment Form

Location & Description of Hazard:	People at Risk:	Level of Risk (High/Medium/Low):	Advice Required: (from whom)	Action(s) to Mitigate/ Remove Risk:	Person responsible for resolution:	Residual Risk: After resolution	Dates Reviewed
Social distancing	All	Likelihood: High Impact: Medium	<input type="checkbox"/> Yes If yes, who: Lead	Lead to give briefing at start of session re distancing. BTF no longer places a limit on group sizes but in practice, runners will form smaller groups with peers of a similar pace, and thus distancing will be easier for any route chosen. All participants to have read and agree to abide by member rules prior to session. Social distancing must be adhered to during the briefing.	Lead	Likelihood: Low Impact: Medium	
Requirement to Test and Trace	All	Likelihood: Low Impact: Medium	<input type="checkbox"/> No	No longer a requirement to Test and Trace as BTF guidelines have been removed.	Lead	Likelihood: Low Impact: Medium	
Perception of responsibility and therefore liability of the lead	Lead	Likelihood: Medium Impact: Medium	<input type="checkbox"/> Yes If yes, who: Lead	Briefing to include that the lead cannot be responsible for individuals not socially distancing during activity. Individuals are responsible for their own behaviour when training with the club. As a result of this, there is no need to nominate a sub-lead for each group.	Lead and individuals	Likelihood: Low Impact: Low	

<b>Location &amp; Description of Hazard:</b>	<b>People at Risk:</b>	<b>Level of Risk</b> (High/Medium/Low):	<b>Advice Required:</b> (from whom)	<b>Action(s) to Mitigate/ Remove Risk:</b>	<b>Person responsible for resolution:</b>	<b>Residual Risk:</b> After resolution	<b>Dates Reviewed</b>
Equipment	All	Likelihood: Low Impact: Low	<input type="checkbox"/> Yes If yes, who: Lead	All participants to have read and agree to abide by member rules prior to session.	Individuals	Likelihood: Low Impact: Low	
Access points (gates/ barriers etc)	All	Likelihood: Medium Impact: Low	<input type="checkbox"/> Yes If yes, who: Lead	Some routes will be on paths with gate / stile or barrier access. Club rules ask runners to bring own hand sanitiser.	Individuals	Likelihood: Low Impact: Low	
Other users- If public areas you may not have any control of other users	All	Likelihood: Low Impact: Medium	<input type="checkbox"/> Yes If yes, who: Lead	Club rules state the need for awareness of distancing with other users of space and how to pass safely on paths when running in a group. Consider stopping session if unable to maintain distances.	Individuals	Likelihood: Low Impact: Medium	
Method of travel for lead and participants to the session.	All	Likelihood: Low Impact: Low	<input type="checkbox"/> No	Due to location of activity and participant home addresses, most will arrive on foot, and others who live outside St Neots will drive (i.e. public transport not used)	N/A	Likelihood: Low Impact: Low	
Permissions to use area	All	Likelihood: Low Impact: Low	<input type="checkbox"/> No	Routes planned and meeting area to be set where no known local bye-laws exist	N/A	Likelihood: Low Impact: Low	

## Risk Assessment Form Part 2

<b>Location &amp; Description of Hazard:</b>	<b>People at Risk:</b>	<b>Level of Risk</b> (High/Medium/Low):	<b>Advice Required:</b> (from whom)	<b>Action(s) to Mitigate/ Remove Risk:</b>	<b>Person responsible for resolution:</b>	<b>Residual Risk:</b> After resolution	<b>Dates Reviewed</b>
Participant health and ability to exercise	Runners with reduced fitness levels	Likelihood: Medium Impact: Medium	<input type="checkbox"/> Yes If yes, who: Lead	All participants to have read and agree to abide by member rules prior to session, which includes ensuring they exercise within their own capabilities and have required level of fitness to undertake the session. People are likely to group themselves with others of similar ability levels (+/or a stronger/ more experienced runner set within each group) and many routes will have cut-offs to shorten the distance as required. Route information will be given in the briefing by the lead at the start of the session.	Lead and individuals	Likelihood: Low Impact: Medium	
PPE for lead & participants	All	Likelihood: Low Impact: Low	<input type="checkbox"/> No	No specific PPE required but all runners to bring a face covering to the session. All participants to have read and agree to abide by member rules prior to session which includes the need to bring and use a face covering in areas where it is required.	Individuals	Likelihood: Low Impact: Low	
Hand washing	All	Likelihood: Low Impact: Medium	<input type="checkbox"/> Yes If yes, who: Lead	Club rules include info re cleaning of hands after touching gate posts / stiles & barriers etc. All participants to have read and agree to abide by member rules prior to session, which includes the need for hand sanitation.	Individuals	Likelihood: Low Impact: Low	

Location & Description of Hazard:	People at Risk:	Level of Risk (High/Medium/Low):	Advice Required: (from whom)	Action(s) to Mitigate/ Remove Risk:	Person responsible for resolution:	Residual Risk: After resolution	Dates Reviewed
Safety of participants during first aid provision	Any person administering / receiving first aid	Likelihood: Low Impact: Medium	<input type="checkbox"/> Yes If yes, who: Lead	Use of mask and hand sanitiser prior to assisting an injured participant. Participants advised not to touch their mouth, eyes and nose. Others not directly assisting with first aid to ensure they stand 2 metres away	Individuals	Likelihood: Low Impact: Low	